

**YORK ROAD GROUP PRACTICE
PATIENT INFORMATION SHEET FOR
HAVING AN ECHOCARDIOGRAM (ECG)**

Today the doctor has asked you to make an appointment to have an ECG test. This will be carried out by the Healthcare Assistant or Practice Nurse.

This is a painless procedure. It should take no longer than 20 minutes to carry out.

If you would like a chaperone with you please inform the receptionist when booking the appointment.

The doctor may ask the nurse to measure your Blood Pressure, height & weight and take a blood test prior to the ECG.

The test involves placing electrodes on your pulse points which include:-

- Chest
- Wrists
- Ankles

Therefore you will need to remove any items of clothing from these areas

Some males may need to have a small area of their chest hair removed.

We ask patients not to apply moisturiser prior to the test as this can make it difficult to apply the electrodes.

After your test we ask you to take a seat in the waiting area while the nurse/HCA shows the test results to the GP to ensure the test has worked.

You may be asked to book a further routine appointment with the GP who requested the test to discuss the results.