

**YORK ROAD GROUP PRACTICE  
NOTES FOR PATIENT PARTICIPATION GROUP  
HELD ON Thursday 6<sup>th</sup> December 2018**

**Present:**

Mrs E Aliski  
Mrs M May  
Mrs M Andrew  
Mrs P Edwards  
Mrs T Ives  
Mrs J Pridding  
Mrs S Martin-Bold  
Mrs C M Bedford (PM)

**1. Welcome and apologies:**

CB welcomed everyone and started the meeting. Dr MacDonald was away and sent apologies

**2. Feedback from Webinars from Marion**

NHS England had put together some practical webinars for PPG members to view, which gave practical tips for being part of a PPG and how to give assistance to the practice. Marion explained how to access the video on-line and what the webinar suggested PPG could be doing to help promote and develop services in the Practice and local area.

The Group would like to be able to encourage more young members during 2019.

**3. IAPT Service**

**Improved access to Psychological Therapies for people with long term conditions**

CWP have taken some of the monies from the Mental Health budget and set up a new service for patients who have been newly diagnosed with the following; Cancer, COPD or Cardio Vascular disease. The scheme is to help these patients with mild, moderate or severe anxiety and/or depression that is impacting on the management of their long term condition. The team will comprise of experienced Psychological wellbeing practitioners delivering step 2 interventions and Cognitive behaviour therapists delivering step 3 interventions. The team are located with the Ellesmere Port integrated care team.

**4. Football 4 Life**

This scheme has been set up by Dr England (local GP) and Healthbox promoting healthy living and weight loss through Football. It will run every Monday evening 5-6pm and 6-7pm £3 per session - contact details = 0151 355 0205

They are looking for some funding to support men who cannot afford to access the scheme. Discussion took place around fundraising ideas the group could do to help. Mrs Andrew has a friend who is willing to help bake cakes if the group will be willing to spend some time in the practice selling the items.

## 5. Staff Update

Our new Physio, Wellbeing co-ordinator and Clinical pharmacist have all started and appear to be settling down well. The Clinical Pharmacist needs to see more patients but we feel this will slowly build up.

- **New apprentice**

We have had a new apprentice started at the beginning of December

- **New Advanced Nurse Practitioner**

We have employed another ANP starting early 2019 to work alongside Paula, she will spend some of her time visiting housebound patients with chronic diseases.

## 6. Update on Building

The Council has plans out on display for the general public to view around the alterations to the town centre. The current bus station is proposed to move to pull in bays along Civic Way and the old site being re-developed into offices. Although the practice is part of the proposed development we have had no information from either the Council or NHS England regarding our impending move into the old TJ Hughes site. Cathy hopes to get more clarity early 2019.

## 7. Data Feedback

New Registrations	Appointments	Home Visits	Px	e-consult	Referrals To Secondary care	DNA
760	25708	1167	207085	166	1707	673

Annual review Jan-Dec 2018 Patient list size currently 11410

## 8. Any other Business

- Dates for 2019
  - Thursday 21<sup>st</sup> March 2019
  - Tuesday 25<sup>th</sup> June 2019
  - Thursday 19<sup>th</sup> September 2019
  - Tuesday 10<sup>th</sup> December 2019

- **Appointment system**

Mrs May raised concerns around the appointment system and expressed a wish that the practice return to having an open surgery on-the-day. The group discussed how this isn't practical with the number of patients. CB reiterated how the GPs can deal with more patients per day by consulting on the telephone for issues which don't need to be examined. Many patients do not need to be seen by a GP although they may prefer to, but there are numerous alternatives;- eConsult appointments via the webpage, extended hours when we are closed and 1-1-1 for immediate advice 24 hrs a day, plus the pharmacies can provide minor illness advice.

## 9. TIME AND DATE OF NEXT MEETING – Thursday 21<sup>st</sup> March 2019 6pm

Agenda items for next meeting;