

**YORK ROAD GROUP PRACTICE  
PATIENT INFORMATION SHEET FOREAR CARE**

Today your doctor has asked you to make an appointment to have your ear(s) syringed, as the usual procedure of ear drops hasn't cleared your problem.

This procedure is used for the removal of occlusive wax or foreign body from the external auditory canal.

Prior to your appointment your doctor will have asked you to put drops into your ear to soften the wax for a minimum of 5 days.

This is a painless procedure and should take 10minutes to perform.

A disposable towel will be placed around your shoulders and you will be asked to hold a cup in position underneath the ear being syringed.

The nurse will use hand hot water in the syringing machine.

During the procedure if you experience any pain you should inform the nurse immediately.

Practice Nurse team (2013)